7 Strategies to Help Students Adopt a Growth Mindset in Your Writing Course

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01

Give students more practice, and grade less.

Offer students more low-stakes opportunities to struggle, fail, and grow without the fear of a stigmatizing grade.



02

Talk about growth mindsets.

Discuss the concept of fixed vs. growth mindsets: what they are and how they can affect academic performance.



03

Explain your expectations, methods, and motivations.

Communicate your high expectations, while letting students know that you're confident they can succeed and you're here to help.



04

Share your growth story.

Tell students about your struggles and mistakes, and how you learned from them.



05

Show students that even experienced writers struggle.

Give students a glimpse into your own writing process, showing them it takes time and effort to improve.



06

Frame feedback in terms of growth.

Embrace the "power of yet" and praise process and improvement, not just results.



07

Offer chances for self-reflection.

Give students opportunities to look back on their own learning.



